



AQUATIC THERAPY INFORMATION

POOL LOCATION

- Armond H Seidler Natatorium inside the Johnson Center at the University of New Mexico (Redondo Ct NE, Albuquerque, NM 87106)

PARKING

- Handicap and limited paid parking spots are available in the lot outside of the therapy pool
- Additional parking is available in the Cornell parking structure
- There is a charge for parking in the parking lot outside of the pool and parking structure
 - See the parking meter for cost and further directions

WHEN YOU ARRIVE

- Call our office to check-in
- Wait outside the locker rooms (i.e., double brown doors on the west side of the therapy pool building) or the gate right outside the pool located north of the locker room doors
- Your therapist will meet you to let you in
- Be sure they have used the restroom
- Have your child rinse off in the shower before entering the pool

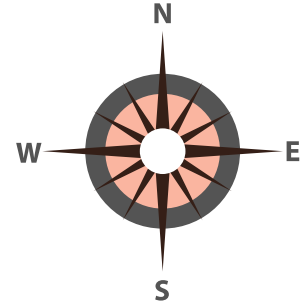
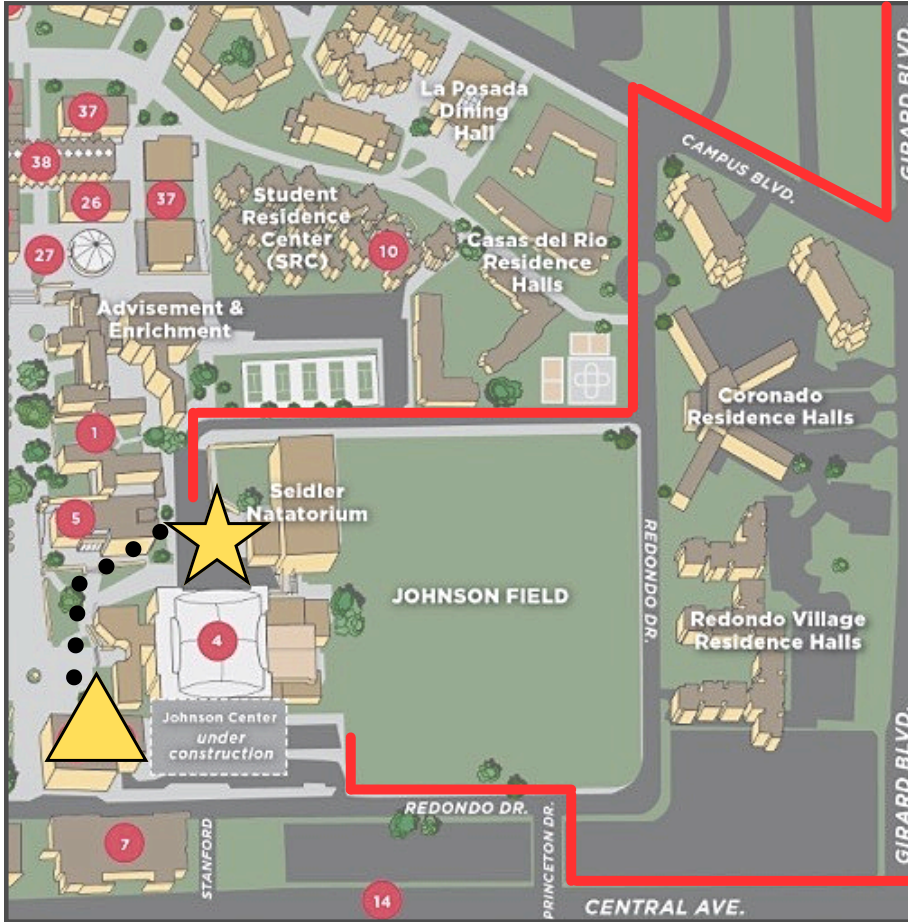
WHAT TO BRING

- Bathing suit
- Change of clothes
- Flip flops or sandals
- Water bottle
- Snack for afterwards
- Appropriate floatation device per therapist's instruction
- Towel
- Swim or waterproof diapers (double swim diapers are required for kids who are incontinent)
- Soap or lotions your child uses
- Bag for wet clothes

DO NOT COME IF YOUR CHILD HAS

- Stayed home from school due to illness
- Diarrhea (must wait at least 2 weeks to resume water therapy after last bout of diarrhea)
- A fever
- Used anti-lice shampoo within the last 2 days of appointment
- A skin infection
- An open wound (not including minor scratches or abrasions)
- Any signs or symptoms of COVID-19 or influenza

Armond H Seidler Natatorium



Key	
Pool Entrance	★
Handicap/Paid Parking	★
Cornell Parking Structure	▲
Driving Route	—
Walking Path	•••

Directions

From Lomas to the pool entrance and handicap parking:

- Head south on Girard Blvd
- Turn right onto Campus Blvd
- Turn left onto Redondo Dr and go through the round about
- Turn right onto Redondo Ct
- Turn left at the end of the road and continue straight until you reach the parking lot
- The pool is on the east side of the parking lot

From Central to the Cornell parking structure:

- Head north on Princeton
- Turn left onto Redondo Dr
- Turn right into the parking structure

You can reach the parking structure and pool entrance from both Lomas and Central Ave